

We have a special guest from  
**Team Dan the Skipping Man®**



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Dear Parents and Carers,

We are delighted to tell you that a coach from Dan the Skipping Man will be visiting us. Dan the Skipping Man is a fully inclusive skipping concept that encourages children to lead a healthy lifestyle and improves both their physical and mental health. The coach will lead sessions that highlight the joy of skipping, as well as teach our children new and innovative tricks. It's going to be an incredibly fun day!

### **British-made, high-quality ropes**

On the day, you will have the opportunity to purchase a rope from the team from their pop-up shop which will be on the playground at school pick-up. Please note, they would prefer contactless payment if possible. You can also visit their website to purchase ropes: [www.dantheskippingman.com](http://www.dantheskippingman.com).

You may be particularly interested in their incredible Glow Ropes, which magically glow in the dark!!

### **Rope prices**

Key Stage 1 and 2 Glow Ropes £8

Key Stage 1 and 2 Solar Ropes £6

Adult Rope £7

Double Dutch Ropes £14

### **Making the most of skipping**

With Dan the Skipping Man, it's so much more than just the day. Their website is an amazing hub that supports their concept. As well as the shop, there's loads of great content on how to make the most of skipping and continue your child's journey. There are hints and tips, as well as videos and links to their leading YouTube channel. We really encourage you to take a look at [www.dantheskippingman.com](http://www.dantheskippingman.com).

### **Get social**

As you would expect, they're all also active across social media. Just simply search for Dan the Skipping Man on YouTube, Facebook, Instagram and Twitter and follow them for all their latest news.

### **The excitement is building**

These really are amazing days, and the teachers are incredibly excited too! We're certain that the team from Dan the Skipping Man will ensure we make the most of the opportunity and the children have a brilliant day.

We hope you as excited as we are.